



FINAL INSTRUCTIONS
Sunday March 26, 2023

Dear HoH Participant,

Thank you for registering for our 2023 event. This document includes information and details to help make your ride this weekend safe and enjoyable. Please read it carefully.

PRIOR TO THE RIDE:

WEATHER. The current forecast calls for a cold morning followed by a warm afternoon with winds up to 14 MPH; in other words, typical spring weather. Check the latest forecasts prior to the event, and dress appropriately.

EQUIPMENT SELECTION. We always suggest using tires wider than 23mm if you can; we personally prefer 28 mm, if riding a road or CX bike.

FILL YOUR BOTTLES. Please fill your bottles at home and save time by being prepared to ride.

PARKING. Official Parking is at:

[Montgomery High School](#)

1016 County Rd 601 (Blawenburg Belle Mead Rd)
Skillman, NJ 08558

THERE IS NO PARTICIPANT PARKING OR DROP-OFF AT THE ELKS LODGE. PLEASE DO NOT DRIVE THERE; DRIVE DIRECTLY TO THE SCHOOL AND RIDE YOUR BIKE TO THE ELKS LODGE FOR REGISTRATION & THE START.

The main entrance to the High School is on RT 601, at the traffic light with a street sign labeled "Montgomery Township High School". Please be diligent about where you park, and do not leave valuables in your vehicles. For parking details please see: <http://www.hellofhunterdon.com/directions-parking/>

Please note the High School restrooms will NOT be open this year. Restrooms and porto-potties will be available at the Elks Lodge

Directions from Parking Lot to the Elks Lodge

Ride With GPS	<u>https://ridewithgps.com/routes/38989519</u>
---------------	--

SUNDAY PACKET PICK-UP. Each registrant must pick up their own packet in-person by Sunday to get their wrist band and bib number; riders can't pick up packages for other riders.

Please park your bike outside in the bicycle parking area: bikes are not allowed inside the registration building.
IMPORTANT; THE ELKS REQUIRE YOU TO REMOVE YOUR CYCLING SHOES BEFORE ENTERING THE BUILDING SO AS NOT TO DAMAGE THEIR FLOOR!

Sunday March 26, 2023 7:30 AM – 8:45 AM

[Princeton Elks Lodge](#)

354 Route 518

Blawenburg, NJ 08504 or Skillman, NJ 08558 (not all maps recognize Blawenburg)

All riders must complete a waiver. If you digitally signed your waiver on BikeReg during the registration process, you don't need to sign a paper waiver. All riders under 18 must have their parent or guardian sign their waiver.

RESTROOMS. There will be Restrooms at the following locations:

Start/Finish: There will be porto-potties outside of the Elks Lodge along with a few restrooms inside. The portos outside historically are under used; the lines are typically shorter for them.

Aid Stations: Each aid station will have some portos or restrooms. Also on Course are:

Otto's Park at Mile 6.6 (Medium & Long Courses) has a porto there year-round

Bulls Island Park at Mile 40 (Long Course only) has restrooms & a water fountain

Please note that the Montgomery High School (the site of the official parking lot) restrooms will NOT be open this year.

WATER BOTTLE & MERCHANDISE. Each registrant will receive a Hell of Hunterdon Water bottle and beer glass as part of their entry. However, you need to pick it up on Sunday, AFTER YOUR RIDE

If you pre-ordered merchandise (in 2023 or previously as far back as 2020), you can pick it up on Sunday following your ride. We have segregated the pre-orders from the items that will be available for on-site sale.

There will be a special area for merchandise. We are doing this to keep the reg lines moving and so you don't have to go back to your car before the ride.

We have a limited number of items available for On-Site Sale on Sunday following the ride. Preferred Payment is cash, but checks, PayPal, and credit card payments are accepted. All sales are on a first come, first served basis.

BIKES/PARTS DRIVE. We are delighted to have the event benefit [Second Life Bikes](#), but it only works if you help them out. Please bring your unwanted clothing, components and accessories to donate to them. There are a lot of kids that can use the stuff you have retired, even if you consider it junk. Due to transportation issues, they can't accept complete bikes (not even kids bikes) or wheels at the event. You can drop off your donations at Second Life's space at the Montgomery High School Parking Lot; look for their sign

COFFEE & STROOPWAFELS. Pre-ride we'll have stroopwafels and coffee from [Tru-Brew](#) available in the registration area inside the Elks Lodge.

RIDING THE EVENT:

REMINDER. This is a RIDE and NOT A RACE. The roads are completely open to traffic. The conditions are very challenging, so don't push things. Ride in a manner that obeys traffic rules, is safe for yourself, and is courteous to your fellow riders and other road users.

WRISTBAND. All riders must wear their wristband. Wristbands allow access to aid station and post ride food/drink.

BIB NUMBERS. All riders must wear their bib numbers on the back of their outer layer. We suggest placing them on the lower left side of the back (on the pockets if you are wearing it on a jersey).

START LOCATION. [Princeton Elks Lodge](#) 354 Route 518 Blawenburg, NJ 08504

AT-WILL START TIME. There are no massed start waves this year. You may leave any time after you check-in (starting at 7:30 AM) up until 9:00AM. The roads are open to traffic, and you must obey all the rules of the road. We request the long course riders start earlier, the medium course riders start in the middle, and the short course riders start later of this period. Lunch will not be available until 11:30, so there is no need for Short Course riders to start too early.

AID STATIONS. The Long Course has 2 Aid Stations, the Medium Course has 1 Aid Station, the Short Course doesn't have any Aid Stations.

Location	Resources Available	Mile Marker			Open Time	Close Time
		Short Course	Medium Course	Long Course		
Cifelli Residence 58 Strimples Mill Rd. Stockton, NJ 08559	Water & Electrolyte Mix Fruit PB&J Cookies & Granola Bars Belgian Waffles	N/A	N/A	36.9	9:30 AM	12:15 PM
South Hunterdon High School 301 Mt Airy-Harbourton Rd. Lambertville, NJ 08530	Water & Electrolyte Mix Fruit Cookies & Granola Bars Soft Pretzels	N/A	27.1	52.9	9:00 AM	1:45 PM

CLOTHING DROP. You can shed your excess clothes and gear, place it in a bag, write your bib number on it, and we'll transport it back to the S/F for you. You can then pick up your bag from the coat closet at the Elks Lodge. Please note the items will not be transported until after the aid stations close, so it could be a while before your items arrive back at the Elks Lodge.

TRASH. **Do not litter!** Use the trash cans/bags at the aid stations. Pocket your gels & food wrappers, dead tubes, etc. We will not be invited back into certain townships if they deem our participants to be litterers... This is a serious matter. We have trash cans at the aid stations; you have pockets; please use them. 2nd Life bikes will take your dead tubes at the finish for their programs, so please don't leave them on the course.

MECHANICAL SUPPORT. Please make sure your bike is in working order and that you have your own spare tubes and tools. [Doylestown Bike Works](#), [Guy's Bicycles](#) & [V5 Cycles](#) will be available for major problems, but please be prepared to fix your own bikes. SAG drivers may be available to assist, but they are not professional mechanics. SAGs will have pumps, and a limited amount of spare 700c tubes.

SAG SUPPORT. If you are unable to finish the event for some physical or mechanical reason, call or text the event hotline at [267-894-0840](tel:267-894-0840). You will be picked up as soon as feasible and either transported to the nearest aid station, where you can arrange to have someone pick you up, or back to the finish line as required by the demands of the event. Please keep in mind that this is not a door-to-door taxi service, and there are >350 other riders that also need to be supported. Assistance will come as soon as possible.

COURSE MARKING. There are none this year! We highly suggest using the provided GPS Files, Ride With GPS App, and Cue Sheets!

ROUTE MAPS, GPS FILES & CUE SHEETS. Please note the 2023 course is somewhat different from pre-COVID editions due to road closures resulting from Hurricane Ida.

The Official Cue Sheet are posted to the [HoH Download Page](#). Please print your own.

Please ensure you are using the latest files. TCX & FIT files with turn warnings are posted to the [HoH Download Page](#). GPX & KML Files may be obtained from Ride With GPS (see Links below).

Route	Ride With GPS File
Short Course	https://ridewithgps.com/routes/41863233
Medium Course	https://ridewithgps.com/routes/41863185
Long Course	https://ridewithgps.com/routes/41863135

FREE GPS NAVIGATION.

With our enhanced Ride With GPS Membership, you can use the their [Phone App for Free](#) during the event. Download the Ride With GPS App to your Smart Phone (iPhone or Android) from: <https://ridewithgps.com/app> It is also available directly from the [App Store](#) & [Google Play](#)

Your invitation for the event map/navigation is:

https://ridewithgps.com/auto_approve/Event/210384/wWhtezBHHgSwQ898

Please see the tutorial vide on how to use Ride With GPS App here: <https://ridewithgps.com/help/event-participants/>

CUT-OFF TIMES & SHORT-CUTS. In order to get you back to the finish on-time the following Cut-Off Times are in place.

Time	Description	Location	Action
10:45 AM	Long Course Cut-Off	Mile 23: Long/Medium Course Split (Boss Rd @ Garboski Rd)	All Riders on the Long Course who arrive at this location after 10:45 AM are advised to make the left turn onto the Medium Course at Garboski Rd.
1:30 PM	Short-Cut 1	Aid Station: South Hunterdon High School	All Riders leaving this Aid Station after 1:30 PM are advised to follow Shortcut 1
2:45 PM	Short-Cut 2	CR-518 at Aunt Molly Rd	All riders who have not crossed RT-518 at Aunt Molly Rd by 2:45 PM are advised to take the Short-Cut 2
3:30 PM	Course Closes	Eks Lodge	All Riders still on the course are "On Their Own".

Since there are 3 courses, if your day isn't going to plan, you can switch routes where the courses split. If that still isn't doing the trick, there are 2 Short-Cuts available. Please note, if you go off the official courses, we may not be able to support you in a timely fashion.

Short-Cut 1

By taking Short-Cut 1 you'll save 6 miles of riding and avoid 700' of climbing

Location	Medium Course	Long Course
Aid Station 2	Mile 27.0	Mile 53
Short-Cut 1 Directions	See: https://ridewithgps.com/routes/38988684	

Short-Cut 2

By taking Short-Cut 2 you'll save 5 miles of riding and avoid 500' of climbing.

Location	Medium Course	Long Course
Aunt Molly Rd. @ CR-518	Mile 45.9	Mile 71.7
Short-Cut 2 Directions	See: https://ridewithgps.com/routes/38988849	

FINISH LINE CLOSURE/EVENT END TIME. The finish line officially closes at 3:30, and all course services will end at this time. Post ride food and beverage services will cease by 4:00 PM.

RULES OF THE ROAD. *Please remember that you are on open roads during the entire ride. All cyclists must obey all traffic laws; this includes – but is not limited to – traffic lights and stop signs. Violators may be ticketed by law enforcement. All riders are personally responsible for knowing New Jersey's traffic laws.*

<http://www.state.nj.us/transportation/commuter/bike/regulations.shtm>

IN CASE OF EMERGENCY. If you have-or witness—a crash or medical emergency, immediately call 911, and then call or text the event hotline [267-894-0840](tel:267-894-0840). Secure the area to the best of your ability, but do not put yourself or others in additional danger while you wait for emergency personnel.

COURSE NOTES: The course contains a lot of dirt & gravel roads; this is probably why you registered! While all of these unpaved roads are maintained, most of the roads have not been repaired yet from the winter. Expect pot holes on most roads. Also expect mud, ruts, and a lot of loose gravel on every unpaved road.

Recent storms have caused trees to fall, and there is debris on the roads.

Some of the local municipalities have been getting complaints about cyclists' riding habits. Please keep in mind that we are guests in these communities, and we want to be welcomed back. Sharing the road goes 2 ways; be courteous to other road users while protecting yourself by riding smart and safe.

Thus, it is important that you ride as far to the right as safely possible, and that you obey the centerline (whether it is painted or implied). There are a lot of twisty roads, so keep to the right, and ride single file, particularly where posted.

Please see the official cue sheet for course notes. They are available on the [HoH Download Page](#)

Pot Holes: There are significant numbers of bad potholes out there, which may be difficult to see in a group. Since this ride takes place on many small roads, there may not be sufficient room for participants riding wider than single file to avoid holes and allow room for motor vehicles to pass safely. Remember, they won't be able to see that you have changed your line to avoid a hole... Assume all puddles are covering deep holes!

POST RIDE:

SIGN-IN. When you finish your ride, check back in; this is one way we try to keep track of who is still out on course. When you do, you'll receive your HoH goodies. You will also check here to see if you won one of the door prizes. **Once again, please remove your cycling shoes when you enter the Elks Lodge.**

CHANGING ROOMS. Since your cars will be 1 mile away, we suggest you bring a change of clothes and street shoes for the post ride festivities, which you can leave in the Elks coat room. You can change into your civies in the restrooms. We take no responsibility for items left; we are merely supplying the space.

Since the Elks request that no one wear their cleats in the building (trying to protect their carpet & floor) having street shoes, sandals, or socks available to you would be a benefit.

BIKE WASH. The [Hunterdon Havoc](#) (the local NICA Team) is offering post ride bike washes on a donation basis as a fundraiser for their youth cycling programs. They will be set-up behind the Elks Lodge.

BIKE PARKING. For safety and convenience, we are setting up an unsecured bicycle parking area in the Elks Parking Lot. Bikes are not permitted inside the Elks Lodge.

POST-RIDE FESTIVITIES. After your ride, be our guest for beer provided by [Athletic Brewing Company](#), [Flying Fish Brewery](#) and hot food prepared by the [Blawenburg Catering Company](#). You will need your wristband to get food & drinks. Lunch is for registered riders and volunteers only, along with those with Companion Passes. Festivities start at 11:30 and will finish no later than 4:00.

There is banquet seating inside, and there is plenty of hangout space on their property. If you want to hang outside, beer can be consumed outside, as long as you remain on the Elks property.

DOOR PRIZES. As stated above, check to see if you won one of the smaller prizes when you sign back in after your ride. We have a lot of prizes; to avoid an endless process, we are going to distribute smaller door prizes without much fanfare; the larger prizes will require a photograph with you and your prize.

GIRL SCOUT COOKIES. The Elks Lodge is home to several scout troops. Some of the Girl Scouts will be on-site post ride selling their famous cookies. Please consider supporting them. If you make a purchase, and don't want to carry them on your bike, when you are ready to depart the event, go to the High School, retrieve your car and bring it back to the Elks to pick up your cookies.

GET SOCIAL. Please post your thoughts, photos, videos, etc. about the event on Facebook, Twitter & Instagram. Please tag us and where appropriate use the following hashtags:
#HelloofHunterdon #KermesseSport

THE BOTTOM LINE. Have Fun. This is what this event is all about; it is a celebration of the start of the cycling season. But please have your fun within the confine of our basic rules.

We appreciate your participation in the Hell of Hunterdon; thanks for making this event a success. We wish you a safe and fun ride!

Best Regards,
Kermesse Sport

P. S. Don't Forget about our other rides! The term is Spring Classics, that is plural...

Saturday April 22nd: www.flechebuffoon.com/

Sunday May 7th: <https://www.pinelandsg gravel.com/>

Sunday July 9th: <https://www.dirtyjerseyride.com/> (Provisional Date)